

5 A Day

This strategy simply encourages teachers to read orally to their classes at least 5 times each day. Research shows that reading aloud to students helps them become better readers and writers by:

- exposing them to the language of literature and developing new vocabulary.
- providing examples of proper fluency and phrasing.
- peaking interest in the texts being shared as well as books by the same author or on the same topic.

The 5 A Day strategy also employs oral reading by the teacher as a classroom management strategy. Reading sessions can take place at the opening and closing of any class session without formal announcement. For example, at the opening of the school day the teacher can simply begin reading. Students will hasten to put their things away and become attentive listeners as soon as possible. The last minutes prior to lunch or before class change are prime opportunities for 5 A Day sessions.

**Hey, everybody,
Come take a look.
'Cause I'm getting ready
To read a great book!**

**Hey, everybody,
Find your seat.
'Cause the story I'm reading
Is really neat!**